



39th International Longshore & Warehouse Union Convention Activities

Hello and welcome to Vancouver!

We are honoured to host the 39th International Convention of the International Longshore and Warehouse Union from June 16 to 21, 2024 at The Westin Bayshore, Vancouver, located on the traditional territory of the Musqueam, Squamish, and Tsleil-Waututh Nations.

Included in this package, you will find information on:

- How to get to The Westin Bayshore from Vancouver International Airport.
- How to register for activities and events for delegates and guests. Please note that daytime activities are reserved for guests only while delegates attend the convention sessions.

This year's convention will take place at [The Westin Bayshore](#), located in beautiful Coal Harbour. The Westin Bayshore, Vancouver is a waterfront well-being resort within walking distance of the vibrant city centre and iconic Stanley Park. The resort is just steps away from the century old seawall, trendy cafes, top restaurants, lively shopping streets, and some of Vancouver's best loved attractions.

During the convention, we've thoughtfully curated a week of activities and events that will cater to everyone's interests, including shopping at our premier designer outlet, a visit to the peak of Vancouver at Grouse Mountain, walking tours in the historical heart of Vancouver, and an incredible evening of west coast fare, and top-notch entertainment at the Vancouver Aquarium.

You won't want to miss out on discovering all that Vancouver has to offer, so we encourage you to register early. Detailed information about each activity is included in this package, as well as information on how to register.

The Host Committee is here to make sure you have a memorable stay in Vancouver as part of the convention. If you have any questions, please email us at: ILWU2024convention@gmail.com.

We look forward to hosting you – in solidarity,

ILWU Host Committee

TRANSPORTATION

YVR offers many convenient transportation options. The airport is 15km from The Westin Bayshore and is easily accessible by public transportation, taxi, or ride app service. The journey takes between 30-60 minutes depending on traffic. Use the [Translink trip planner](#) to find out times and directions.

By public transportation – Canada Line:

- The Canada Line is Vancouver’s rapid transit rail connecting YVR to downtown Vancouver in under 30 minutes. Canada Line’s YVR Airport station is centrally located between the International and Domestic Terminals.
- The Canada Line is accessible by elevator from arrivals and departures levels. Trains can accommodate wheelchairs and mobility aids.
- To locate the Canada Line, follow the signs marked Canada Line. When arriving at the YVR Airport station, purchase a ticket from one of the ticket vending machines, scan the ticket on entrance and (exit) of the station.
- Take the train to **Vancouver City Centre** station. Walk about 2 minutes to West Georgia St and Seymour Street. Take the **250 Horseshoe Bay** bus four stops to WB West Georgia Street @ Cardero Street. Walk about 3 minutes to The Westin Bayshore – 1601 Bayshore Drive, Vancouver, BC.
- Please note that the last train departs YVR at 12:57am.

By Taxi:

- YVR works closely with nearly 20 taxi operators to provide safe, dependable, and seamless transportation options for travelers to and from the airport.
- Taxi Zone Fares apply for trips departing YVR to specific zones. The current rate for Zone 9 is \$41. Rates do not include gratuities.
- YVR is proud to provide an accessible airport for everyone. This includes ensuring travel to and from YVR with our taxi operators is also accessible. Please connect with a member of the Ground Transportation Team for assistance with hiring a taxi that will best accommodate your needs.
- All taxis are first come first serve basis from one of two taxi stands at YVR. Taxi stands are located on International Arrivals Level 2 and Domestic Arrivals Level 2.

By Ride App Services:

- Lyft, Uber and KABU are authorized providers of Ride App services at YVR.
- For the safety, security and efficiency of our operations, Ride App services at YVR are highly regulated. Pick up areas include International Arrivals, Level 2 and Domestic Arrivals, Level 2.

ACTIVITIES AND EVENTS

This year's Host Committee have planned a week of exciting activities and events that showcase Vancouver as a premier destination in Canada.

A snapshot of each activity is outlined below, including how many spots are available for each activity. A more detailed overview is included on the following pages. Please read carefully as some activities are 19+.

Registration is on a first come first served basis and will close on **Tuesday, April 30.**

To register, simply review the event selection in this package and click on the link, which will take you to the Eventbrite page for registration.

In addition to activities that require pre-registration, the Host Committee has put together a list of self-guided activities, restaurant recommendations, and other points of interest for you to discovery on your own.

If you have any questions about registration or any of the activities, please contact:
ILWU2024convention@gmail.com.

Note: once you've registered, confirmation will be sent by email.

DATE	ACTIVITY/EVENT	TIME	# SPOTS AVAILABLE
Sunday, June 16	Welcome Reception at The Westin Bayshore (delegates and guests)	6:00 p.m. to 9:00 p.m.	Delegates and Guests
Monday, June 17	McArthurGlen Designer Outlet Mall	10:00 a.m. to 2:00 p.m.	48 spots
	Forbidden Vancouver Walking Tours	10:15 a.m. to 12:00 p.m.	20 spots
	Forbidden Vancouver Walking Tours	2:00 p.m. to 4:00 p.m.	20 spots
	Vancouver Wine Tour – Joy & Essence. 19+	9:00 a.m. to 4:00 p.m.	24 spots
	Vancouver Brewery Tours	2:30 p.m. to 6:00 p.m.	28 spots
Tuesday, June 18	Burrard Inlet harbour tour	10:00 a.m. to 12:00 p.m.	300 spots
	FlyOver Canada	2:00 p.m. to 4:00 p.m.	100 spots
	Vancouver Lookout	2:00 p.m. to 4:00 p.m.	100 spots
Wednesday, June 19	Grouse Mountain and Capilano Suspension Bridge	10:00 a.m. to 5:00 p.m.	48 spots
	Night Out at the Vancouver Aquarium	7:00 p.m. to 12:00 a.m.	Delegates and Guests
Thursday, June 20	BC Labour Heritage Centre Walking Tour	10:00 a.m. to 12:00 a.m.	20 spots
	Cypress Mountain Eagle Coaster	9:00 a.m. to 12:00 p.m.	48 spots
	Convention Banquet Dinner at The Westin Bayshore	7:00 p.m. to 12:00 p.m.	Delegates and Guests
Friday, June 21	No activities planned.		

ACTIVITIES AND EVENTS DESCRIPTIONS

SUNDAY, JUNE 16

WELCOME RECEPTION AT THE WESTIN BAYSHORE

Join us for some appetizers and light refreshments as we officially welcome you to this year's convention. Open to all delegates and guests.

- 6:00 p.m. to 9:00 p.m.
- Westin Bayshore Grand Foyer

Drop by to mix and mingle. We look forward to seeing you!

MONDAY, JUNE 17

McARTHURGLEN DESIGNER OUTLET



[McArthurGlen Designer Outlet](#) Vancouver Airport is the first designer outlet to open in the area, bringing you shopping at it's finest with exceptional dining and your favourite designer brands all in one place.

Imagine grabbing the best deals and latest trends while strolling through a quaint outdoor shopping village inspired by classic European architecture. Enjoy an international array of cafes and restaurants, complimentary parking, and more than 90 stores, with something for everyone: from iconic fashion brands like Armani, Versace, Jimmy Choo, and Hugo Boss, to sporting labels, like adidas, Nike and Puma, to fan favourites, like Coach, Kate Spade, Michael Kors, Stuart Weitzman, Tory Burch and more, it's a shopping experience like no other.

- 10:00 a.m. (departing from The Westin Bayshore)
- 2:00 p.m. (departing from the Outlet)
- Option to take public transit back to the hotel. Please inquire with host committee for directions.
- Only 48 spots available.

[Register here.](#)

FORBIDDEN VANCOUVER WALKING TOURS



Discover the city's dirtiest Prohibition-era secrets with [Forbidden Vancouver Walking Tours](#) as you wander Gastown and Downtown Vancouver's most historic streets and alleyways. Mobsters, rum runners, rioters, crooked politicians and more illicit stories await!

- 10:15 a.m. and 2:00 p.m.
- Meeting point: Outside Monaco Cafe at 356 Water St at the intersection of Cordova and Water Streets. End point: Maple Tree Square in Gastown
- Food available for purchase before or after the tour.
- Only 20 spots available for each tour time slot.

Tours are 100% outdoors and guests are welcome to wear a mask if they feel more comfortable.

[Register here](#) for 10:00 a.m. tour.

[Register here](#) for 2:00 p.m. tour.

VANCOUVER WINE TOURS – JOY & ESSENCE TOUR



Starting in Vancouver, the [Joy & Essence Wine Tour](#) is a half-day journey through the South Fraser Valley (approximately 45 minutes from downtown Vancouver). During your trip you will visit three wineries and discovery some of the most celebrated wines in the region. Each stop will include light appetizers to accompany the wines.

- 9:00 a.m. to 4:00 p.m.
- Pick-up and drop-off at The Westin Bayshore.
- Lights snacks and refreshments included.
- Only 24 spots available. 19+

[Register here.](#)

VANCOUVER BREWERY TOURS

One of the Top 10 Beer Experiences in the world by Trip Advisor in 2019 and the longest-running and most popular brewery tour in Vancouver. This award-winning Vancouver Brewery Tour is all about the beer and is the best way to get to know Vancouver's local craft beer scene. During this tour, you will visit three breweries, each located in a unique brewery district and neighbourhood in Vancouver and savour a variety of craft beers.

- 2:30 a.m. to 6:00 p.m.
- Pick-up and drop-off at The Westin Bayshore.
- Light snacks and refreshments included.
- Only 28 spots available. 19+

[Register here.](#)

TUESDAY, JUNE 18

BURRARD INLET HARBOUR TOUR



Join us for a harbour tour of the Port of Vancouver – Canada’s largest and busiest port. On this tour, you’ll get an up-close look at port operations in the Burrard Inlet, learn some interesting facts about living in a port city, and enjoying sweeping views of both the North Shore Mountains and cityscape.

- 10:00 a.m. to 12:00 p.m.
- Pick-up and drop-off at The Westin Bayshore.
- Light snacks and refreshments included.
- Only 300 spots available.

[Register here.](#)

FLYOVER



Canada Place is proud to be home to Vancouver’s must-see attraction [FlyOver](#) – a flight simulation ride like no other! Your total journey is approximately 30 minutes, including a pre-show where you will be immersed in an audio-visual show of Canada before heading to the boarding zone for your preflight briefing. You will then hit your flight deck and spend eight minutes on the unforgettable Ultimate Flying Ride soaring east to west over some of the most spectacular scenery the country has to offer.

- 2:00 p.m. to 4:00 p.m.
- Meeting point at FlyOver Canada at Canada Place.
- Food available for purchase onsite.
- Only 100 spots available.

[Register here.](#)

VANCOUVER LOOKOUT



Located at the top of the Harbour Centre near historic Gastown, the [Vancouver Lookout](#) is a tourist attraction that offers 360-degree views of the city. Take a glass elevator up 168 meters (553 feet) to enjoy a 360° view that includes Stanley Park, historic Gastown, the Northshore mountains and the vibrant downtown core. Learn about Vancouver from information panels located throughout the deck or follow the complimentary self-guided audio tour – available in six different languages. Free Wi-Fi is available.

- 2:00 p.m. to 4:00 p.m.
- Meeting point at Vancouver Lookout.
- Food available for purchase onsite.
- Only 100 spots available.

[Register here.](#)

WEDNESDAY, JUNE 19

A DAY AT GROUSE MOUNTAIN AND CAPILANO SUSPENSION BRIDGE

Grouse Mountain:



[Grouse Mountain](#) is located just 15 minutes from downtown Vancouver. North America's largest aerial tramway system will transport you high above towering Douglas firs, offering breathtaking views of the city of Vancouver, sparkling Pacific Ocean, and Gulf Islands.

Vancouver's premier attraction offers the perfect destination for a truly rewarding and memorable experience. With a variety of cultural, educational, and outdoor adventures to choose from, there is something for everyone.

Capilano Suspension Bridge:



Discover a world of stunning natural beauty, fascinating history, and family-friendly activities. Cross the legendary [Suspension Bridge](#), walk through a rainforest canopy with Treetops Adventure, experience an adrenaline-pumping walk above the canyon with Cliffwalk and do so much more! There's a reason Capilano Suspension Bridge Park is BC's most popular attraction.

- 10:00 a.m. to 5:00 p.m. (shuttle service departing throughout the day and between attractions)
- Pick-up and drop-off at The Westin Bayshore.

- Food and drink available for purchase onsite.
- Only 96 spots available.

[Register here.](#)

[Or, register here.](#)

NIGHT OUT AT THE VANCOUVER AQUARIUM



The [Vancouver Aquarium](#) is home to thousands of incredible ocean species and amazing aquatic life. Since opening in 1956 as Canada's first public aquarium, the Vancouver Aquarium has connected more than 40 million people from around the world to our oceans and all the wonders within them.

Nestled in the heart of Stanley Park, the Vancouver Aquarium will be transformed into a unique after-hours event for delegates and guests. Explore the wonders of the Aquarium, while enjoying live entertainment, noshing on west coast fare, and sipping on local craft beer and wine.

- 6:30 p.m. to 12:00 a.m. (shuttle service departing every 15 to 30 minutes from hotel and attraction. Last bus leaves Aquarium at midnight.
- Pick-up and drop-off at The Westin Bayshore.
- Food and drinks included.
- Available to all delegates and guests.
- No registration required.

THURSDAY, JUNE 20

BC LABOUR HERITAGE CENTRE WALKING TOUR

Join us for a BC Labour Heritage Centre walking tour of downtown Vancouver.

- 10:00 a.m. to 12:00 p.m.
- Meet at the Vancouver Convention Centre East (Canada Place).
- Only 20 spots available.

[Register here.](#)

CYPRESS MOUNTAIN EAGLE COASTER



Visit another local mountain and prepare for an exhilarating adventure with The [Eagle Coaster](#), a family-friendly ride for ages 3+. Departing from the top of Black Mountain, this captivating ride spans over 1700 meters and boasts an impressive vertical drop of 279 meters. Brace yourself for a gravity-fueled escapade that twists and turns, providing an adrenaline-pumping experience like no other.

Control your own speed using the handbrake, allowing you to tailor the intensity of your ride. Safely reach thrilling speeds of up to 40 km per hour as you immerse yourself in the summer air and take in the breathtaking landscape of Vancouver and beyond.

- 9:00 a.m. to 1:00 p.m.
- Pick-up and drop-off at The Westin Bayshore.
- Food and drink available for purchase onsite.
- Only 48 spots available.

[Register here.](#)

CONVENTION BANQUET DINNER AT THE WESTIN BAYSHORE

Join us as we celebrate another successful convention, including awards, dinner, live entertainment and dancing.

- 6:00 p.m. to 11:00 p.m.
- Available to delegates and guests.

If you have any dietary restrictions, please indicate this when you register for the convention. Note – we will do our best to accommodate all requests.

SELF-GUIDED ACTIVITIES

There is so much to see and do in Vancouver. We've put together a list of family-friendly self-guided activities for you to enjoy on your own.

We also recommend visiting www.destinationvancouver.com website for a comprehensive list of tours, attractions, and activities. Here are a few that we recommend:

- [Hop-on, Hop-Off Bus](#)
- [Bicycle rentals](#)
- [Granville Island](#)
- [Robson Street shopping](#)
- [Van Dusen Gardens](#)

To visit these tours, attractions, and activities, we encourage you to download Google Maps, which will also provide you with transportation suggestions.

As always, if you have any questions about the self-guided activities or would like additional recommendations, please contact us at: ILWU2024convention@gmail.com or visit our information booth at the hotel.